



## Violent Encounters and Their Aftermath

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This lesson explains what physical and mental reactions may occur when a human undergoes extreme stress, such as during an incident involving deadly force. It also explains what you should do immediately after using force to defend yourself. Also, when law enforcement arrives, it is crucial that you conduct yourself in the correct manner and prepare yourself for the consequences, even when you are in the right. This class is approximately 1 to 1 1/2 hour long.

**Time: To be determined** (Check calendar for date of class)

**Location:** 509 Toms Creek Road, Hopkins, SC 29061

### Course objectives:

- Understanding Fight or Flight
- Physiological reactions associated with extreme stress
- Issuing commands and reviewing our options
- When we're left with no other choice
- The immediate aftermath
- Dealing with the police

### Required items:

- Pen or pencil
- Note pad

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For more information contact:  
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